

## What to expect month by month

<b>Weeks of Pregnancy</b>	<b>First Baby/Had Baby Before</b>	<b>What to Expect at each appointment</b>	<b>Who you will see</b>
Below 8 weeks	All women	Contact GP or a midwife at hospital directly	GP or Midwife
8-10 weeks	All women	Booking Visit' with a midwife Bloods taken for Blood Group, Anaemia, HIV, Sickle Cell + Thalassaemia, Rubella and Syphilis	Midwife
11-13 weeks	All women	Scan of the baby to Screen to help identify risks of Down's Syndrome (Nuchal Fold) and other genetic abnormalities	Midwife, Dr or
<b>13-15 weeks</b>	<b>All women</b>	<b>Book your ante-natal class to avoid disappointment</b>	
16 weeks	All women	Ante-natal check-up. Discuss previous blood test results	Midwife
20 weeks	All women	Scan of baby looking at head, face, body, limbs and internal organs	Ultra sound staff
24 weeks	All women	Blood pressure, urine, measurement of growth of baby, discussion on breast feeding and wellbeing of mum and baby	GP
28 weeks	All women	Blood pressure, urine, growth of baby and wellbeing of mum and baby. Bloods for blood group and anaemia If you are Rhesus Negative you will be offered Anti D. Breastfeeding discussion	Midwife
32 weeks	First time mum	Same as 24 weeks	GP
34 weeks	All women	Same as 24 weeks	Midwife
36 weeks	All women	Same as 24 weeks. Labour, birth, postnatal care and breastfeeding discussion. Home visit will be offered	Midwife/GP
38 weeks	All women	Same as 24 weeks	Midwife/GP
40 weeks	All women	Same as 24 weeks	Midwife/GP
41 weeks	All women	Same as 24 weeks Sweeping of the membranes surrounding the baby offered to all women	Midwife/Hospital

**The time scales and services mentioned above may vary between trusts, please check with your GP / Midwife. Your ante-natal plan of care may vary depending on your wellbeing during pregnancy.**